



My Friendship Challenge

The Lil' Leaders Club

My Name: _____

This Week, I Will Practice...

- | | | |
|---|---|---------------------------------------|
| ☐ Listening with my whole body | ☐ Including someone new | ☐ Sharing |
| ☐ Using kind words | ☐ Helping someone | ☐ Taking turns |
| ☐ Saying "I'm sorry" | ☐ Solving a problem calmly | |
| ☐ Encouraging a friend | ☐ Smiling and saying hello | |

My Daily Friendship Tracker

Monday

Today I showed kindness by: _____

I felt:



Tuesday

Today I helped someone by: _____

I felt:



Wednesday

Today I included someone by: _____

I felt:



Thursday

Today I listened really well when: _____

I felt:



Friday

Today I made someone smile by: _____

I felt:



My Friendship Reflection

This week I learned...

I felt proud when...

One friendship goal for next week is...

Lil' Leaders Friendship Promise

I promise to... Be kind, Listen, Include others, Use respectful words.

Signature: _____